



Lufkin Time Trials

June 12th, 2010

Hosted by: Lufkin Sharks

Lufkin, Texas



Location: Lufkin Swim Center, 909 S. Angelina St., Lufkin, TX

Directions: **From Highway 59 North:** When entering Lufkin stay on 59 (Timberland Dr). Take a right on to Denman Ave. Take a left on to Angelina St. The pool and the club will be on your left.

From Highway 59 South: When entering Lufkin stay on 59 (1st St.). Take a left on to Denman Ave. Take a left on to Angelina St. The pool and the club will be on your left.

Parking: Parking around the Boys & Girls Club will fill up fast so there will be additional parking at the school and library next door.

Facility: Lufkin Swim Center is an eight lane, 25 yard indoor pool. The pool dept ranges from 4 feet to 8 feet. A Colorado Competitive Timing System will be used. The facility has limited seating available on deck. Lawn chairs, tents, and coolers are welcomed; our gymnasium will be opened and air-conditioned for additional seating.

Warm-up: There will be three 30 minute warm-up sessions conducted in all eight lanes. The first 20 minutes of warm-up will be **NO DIVING!** During the last 10 minutes of warm-up the team may choose to empty their lane for starts. **The meet will start at 9:15 am.**

Warm-up Assignments – Lane assignments may change on day of Meet

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:30 am	Dolphins	Dolphins	Dolphins	Dolphins	Sharks	Sharks	Sharks	Sharks
8:00 am	Marlins	Marlins	Flying Fish	Flying Fish	Flying Fish	Titans	Titans	Titans
8:30 am	Gators	Splash	Splash	CAT	CAT	Piranhas Athens	LSC	LSC

Rules & Regulations: All rules are set by the East Texas Summer Swim League. Summer League safety guidelines and warm-up procedures will be in effect at this meet. Any damage to the facility will cause the offending swimmer to be held accountable.

Entry Limit: Swimmers may swim a maximum of 4 events; there will be no I.M. or Relay events at time trials. This year athletes are encouraged to enter with past times.

Team Entry Fees: Entries for all meets will be \$5.00 per swimmer. All late entries will be \$10.00 per swimmer and accepted up to 30 minutes prior to the start of the meet. Late entries/on deck entries will only be entered where there is a blank spot in an event. All fees to host teams will be paid prior to the start of the meet. A \$50 fine will be assessed for teams that enter an entire team late. (Enforced by the host team and supported by the League.)

Heat Sheets: Heat Sheets will be available before and during the swim meet for \$5 each. They will not reflect any late/on deck entries. Ad space is available for \$100 whole page & \$50 half page, contact the Meet Director – Erik Cozadd - Email: aquatics@bgcdet.org

Scoring & Awards: Ribbons will be awarded to the top 8 swimmers in each event. Although we try to have awards ready by the end of the swim meet please be patient if we are running behind.

Hospitality: Snacks and drinks will be offered to any one helping time or run the swim meet. Our hospitality room is located next to the pool office.

Concessions: Lufkin ETEX Sharks Booster Club will be offering concessions in the Gymnasium during the swim meet and will be available for spectators and swimmers. See the heat sheet for menu items.

Timers: Each team will be responsible for 2 volunteer timers for an appointed lane for the duration of the swim meet. Here are the timing lane assignments.

Lane 1	Lane 2	Lane3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Dolphins	CAT	Splash	Marlins	LSC	Titans	Flying F	Gators& Piranhas

Sessions: The entire swim meet will be held during one session.

Entry Deadline: To avoid late entry fees, all entries are due by **Wednesday June 9th by 12:00 pm**. Teams with fewer than 10 swimmers may email entries to: aquatics@bgcdet.org. Teams with 10 swimmers or more will need to submit entries on Team Manager Software. Fees shall be mailed and postmarked by entry deadline to:

Boys & Girls Club of Lufkin

c/o Erik Cozadd

P.O. Box 631345

Nacogdoches, TX 75963-1345

Further Information: Meet Director – Erik Cozadd

Email: aquatics@bgcdet.org