

EAST TEXAS SUMMER SWIM LEAGUE
ALL-STARS MEET
Saturday, July 16, 2011

Location: Solheim Center at LeTourneau University, 2100 S. Mobberly Ave., Longview. Parking is available at the Solheim Center, the library across the street, and behind the Engineering building across from the soccer fields.

Facilities: The pool is an indoor 25-yard pool with 6 lanes. Swimmers and spectators may use the Belcher Gymnasium. There is no room around the pool deck for seating. In order to accommodate spectators, we ask that you remain outside the pool area until your swimmer is about to compete. Please exit the pool area when your child has completed his/her heat. **Doors on the west side of the pool must remain closed at all times.**

Warm-up: There will be 4 - 25 minute warm-up sessions: 7:00-7:25, 7:25-7:50, 7:50-8:15, 8:15-8:40. Warm-up assignments will be e-mailed to coaches after entries have been sent in.

Timers' meeting at 8:45 at the deep end of the pool.

Coaches' meeting at 8:50 in the hospitality room.

The meet will begin at 9:15.

Eligibility: All-star swimmers must have competed at Champs on July 9th, and placed in the top 16 in any event at Champs to be eligible to swim.

Entries: Each swimmer may enter a total of 3 individual events. There will be no relays. Entry fees are \$5.00 per swimmer. Deck entries will be \$10.00 per swimmer. **Swimmers must have signed a league waiver in order to compete.**

Entry Deadline: Entry deadline will be **Wednesday, July 13th at 6:00 p.m.** Teams with 10 or more swimmers are required to use Team Manager Software when submitting entries. **Please e-mail the entry file along with a TM Meet Fees Report to the address below.** Teams not using TM may e-mail entries. Any team entries received after the deadline will be considered late, and will be assessed a \$50.00 late fee. Late entries, scratches, and changes will be accepted up until 6 p.m. on Thursday, July 15th. Swimmers may deck enter only if there is an open lane in the event.

Coaches please e-mail entries to: Dawn McDowell
dawnrc13@aol.com

Ready Bench: There will be a ready bench for swimmers 10 & Under. Swimmers will access the ready bench and pool area through the locker rooms.

Heat Sheets: Heat sheets will be available for \$5.00.

Timers: Teams will need to provide 1 - 3 timers for their assigned lanes throughout the day. There will be a timer's meeting at 8:45 a.m. for all timers, including relief timers. Lane assignments for timers are as follows:

<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>
Flying Fish	Piranhas	Dolphins	Splash	Sharks	CAT
Gators	Titans	Athens			Marlins

Note to timers: We take timing seriously. Because we do not have a timing system, please do your utmost at following timing procedures so that swimmers receive an accurate time. Thank you, and enjoy the best seat in the house!

Awards: Medals will be given for 1st through 3rd places and ribbons for 4th through 8th places. High point trophies will be given to boys and girls in each age group for 1st through 3rd places.

Concessions: Concessions will be available during the meet serving snack items, candy, lunch, soft drinks, water, and sports drinks.

Rules: Swimmers and spectators are only permitted in the foyer, pool area, Belcher Gym, locker rooms, and rest rooms. All other areas of the facility are off limits. Swimmers should not exit the pool area dripping wet. Older swimmers should bring a towel with them to their event. Younger swimmers should have a family member meet them with a towel before exiting the pool area. **Please do not exit the pool area through the ready bench.** Only coaches and swimmers should be in the ready bench area. Parents may drop their swimmer(s) off at the ready bench. However, due to limited space, parents should not remain in the ready bench area.